

defining hope

Study Guide



CAROLYN JONES FILM • PRODUCED BY LISA FRANK

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 **AMERICAN NURSES
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Video Segment #1

Knowing It's the Right Thing (6 min.)

www.hope.film/study-guide-videos

For CNE credits <https://waldenuniversitycne.rievent.com/a/PBRWQX>



Objective

By the end of this video segment, viewers will be able to reflect on how end-of-life care decisions can affect patients and their family members.

Summary

Diane Ryan, RN, describes Calvary Hospital and her observations as an RN.

Patient Highlighted

Carole Bailey; chemotherapy no longer effective.

Discussion Point 1

Mrs. Bailey and her daughter appear to have accepted the fact that medical interventions such as chemotherapy will not cure her illness, prolong, or save her life at this point. They have opted to forego further chemotherapy and instead to pursue comfort measures.

Discussion Question 1

Reflect on the possible viewpoints and hopes of the varied players in this scene (Mrs. Bailey, her daughter, Diane the RN), and how they may be affected by this decision.

Further Discussion/Points as Needed to Prompt Audience Interaction

How does Mrs. Bailey appear to you? Is she calm? Comfortable? While she appears to be medicated and perhaps sedated, she still has enough pain that she doesn't want to be moved much. She has told her daughter that she doesn't want to leave her grandchildren, and her daughter has ensured that she can see their picture from her bed. Although she is quiet, does she appear sad? What might she be thinking? Does it appear to you that she has reached a stage of acceptance? Why or why not?

Mrs. Bailey's daughter speaks freely about the decision to stop the therapy and how hard her mother has fought her cancer battle. She is holding back tears and her face is flushed while she jokes and chats and refers to the photograph of her children. What might she be thinking? Does it appear that she has reached an acceptance stage?

Diane talks about her own future death, and how she wants it to happen. How do you think that her experiences to this point may have contributed to her wishes?

Discussion Question 2

Sometimes people use the terms "hospice" and "palliative care" interchangeably, yet while they have similar attributes, they are different in ways. Discuss the differences and similarities between hospice and palliative care and how, according to Diane the RN, Calvary Hospital provides care to people in these situations.

Further Discussion/Points as Needed to Prompt Audience Interaction

Hospice definition (According to the *End-of-life Nursing Education Consortium (ELNEC) Core Curriculum Guide*© [revised 2018]):

"Hospice is a team approach to provide care to people with life-threatening illness or injury and supports dignity of life, irrespective of how much time the person has (NHPCO, 2017). In addition, hospice: supports the patient through the dying process and the surviving family through the dying and bereavement process. Provides comprehensive medical and supportive services across a variety of settings and is based on the idea that dying is part of the normal life cycle. Provides care in the home, residential facilities, hospitals and nursing facilities, and other settings (e.g. prisons). Hospice cares for the terminally ill (prognosis of 6 months or less)."

Palliative care definition (According to the *End-of-life Nursing Education Consortium (ELNEC) Core Curriculum Guide*© [revised 2018]):

"The definition of palliative care in the United States described by the National Consensus Project (NCP, 2013) and the National Quality Forum (NQF, 2006) states:

"Palliative care means patient and family-centered care that optimizes quality of life by anticipating, preventing, and treating suffering. Palliative care throughout the continuum of illness involves addressing physical, intellectual, emotional, social, and spiritual needs and to facilitate patient autonomy, access to information, and choice."

Discussion Question 3

Calvary Hospital is described by Diane the RN as a place where people go at the end-of-life and they know they will "never ever leave." She describes the hospital as a place where people who are dying can have dignity and can die in a peaceful, beautiful way. Discuss how a hospital such as Calvary varies from an acute care setting in terms of care provided, goals of care, and possible patient expectations when being admitted to Calvary or any similar hospital.

Further Discussion/Points as Needed to Prompt Audience Interaction

What kind of skills, knowledge, and attitude does Diane the RN demonstrate as she cares for Mrs. Bailey?

Suggested Applicability to Nursing Courses and/or to Care Settings

Courses: Palliative/Hospice Care; Mental Health Nursing; Medical/Surgical Nursing; any course focused on communication, bereavement, ethical issues, quality of life, spirituality, family systems and/or culture. **Care**

Settings: Orientation and/or in-service programs for health care providers in primary, acute, long term, hospice/palliative care, and/or home care settings.

Suggested Congruence with ELNEC® Modules

Palliative Nursing Care; Pain Management; Symptom Management; Ethical Issues in Palliative Care Nursing; Cultural/Spiritual Considerations in End-of-Life Care; Communication; Loss, Grief, Bereavement.

References

ELNEC-Core Curriculum® COH & AACN, 2007. Revised February, 2018.

National Consensus Project (NCP) for Quality Palliative Care. (2013). *Clinical practice guidelines for quality palliative care*, 3rd edition. Accessed November 16, 2017 from: <https://www.nationalcoalitionhpc.org/ncp-guidelines-2013>

National Hospice and Palliative Care Organization (NHPCO). (2017). *NHPCO facts and figures: hospice care in America 2016*. Alexandria, VA: Author. Accessed November 16, 2017 from: <https://www.nhpco.org/hospice-statistics-research-press-room/facts-hospice-and-palliative-care>

National Quality Forum (NQF). (2006). *A national framework and preferred practices for palliative and hospice care quality*. Washington DC: Author. Accessed November 16, 2017 from: http://www.qualityforum.org/publications/2006/12/A_National_Framework_and_PREFERRED_Practices_for_Palliative_and_Hospice_Care_Quality.aspx

USING THIS GUIDE

Defining Hope is a one-hour, eighteen-minute film. This guide was developed to stimulate audience reflection, conversation, and interaction. This guide highlights 14 brief video segments so that viewers may watch single segments of the film focused on particular topics.

The individual video segments can be viewed for free at www.hope.film/study-guide-videos

Nurses can receive free contact hours for watching each video segment and completing the evaluation thanks to the generous support of Walden University. Walden University is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. For more information visit www.hope.film/study-guide-videos

Each of the 14 segments is based on the following template:

Segment #1-14, Title, Length: Each segment is numbered, titled, and followed by the approximate length of run time in minutes for that segment.

Objective/s

A minimum of one learning objective is included for each video segment.

Summary

There is a brief overview of the segment followed by a description of the patient or nurse highlighted therein.

Discussion Points

Each summary is followed by a suggested "discussion point" that the speaker/educator may use to initiate conversation or to present more insight into that segment.

Discussion Question/s

Discussion points are followed by a minimum of two discussion questions designed to encourage reflection and discussion among audience members. Questions were developed to stimulate interaction; there are no "right" or "wrong" answers.

Further Discussion/Points as Needed to Prompt Audience Interaction

Discussion questions are followed by further discussion points in the event that the audience

requires more prompting or encouragement to share ideas.

Suggested Applicability to Nursing Courses and/or to Care Settings

This section provides suggested courses (nursing or other), as well as other care settings where educators may find value by embedding particular video segments into curriculum to highlight a point.

Suggested Congruence with ELNEC® Modules

This section provides suggested End-of-Life Nursing Education Consortium (ELNEC)® modules where ELNEC® educators may find value by embedding particular segments into their curriculum. ELNEC® is a national education initiative to improve nursing education on end-of-life care. The project is administered by the American Association of Colleges of Nursing and City of Hope.

Related Segments

Some segments are related to others presented elsewhere in the film. This section provides the titles of any related video segments.

References

If materials or other sources were used within a section, a reference list is provided.

OBJECTIVES

By the end of this film, viewers will be able to:

1. Discuss key factors that affect patient and family decision making about end-of-life care.
2. Differentiate between hospice and palliative care.
3. Compare and contrast the terms sympathy and empathy.
4. Discuss internal conflicts that people may encounter when making decisions about whether to pursue aggressive treatment for life threatening illnesses.
5. Describe the role of the nurse in palliative care/hospice settings.
6. Discuss how family members play a significant role in decision making surrounding care choices.

ABOUT THIS GUIDE

Guide created by Diana Mager, DNP, RN-BC, Associate Professor and Director of Continuing Education, Kanarek Center for Palliative Care for Nursing Education, Marion Peckham Egan School of Nursing and Health Studies.

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The American Nurses Foundation

The American Nurses Foundation is dedicated to transforming the nation's health through the power of nursing. It helps nurses help people by supporting, recognizing and investing in the 4 million nurses across the United States. Learn more about the American Nurses Foundation and recognize nursing excellence at www.givetonursing.org

The Rita & Alex Hillman Foundation

The Rita & Alex Hillman Foundation cultivates nurse leaders, supports nursing research and innovations, and disseminates new models of care—all critical to transforming our health-care system into one that is more patient-centered, accessible, equitable, and affordable; one that delivers the high-quality care patients need and deserve. Learn more about the Rita & Alex Hillman Foundation and our approach to nursing-driven innovation at www.rahf.org

OTHER RESOURCES BY CAROLYN JONES

From the creators of *Defining Hope*, further film and narrative resources about nurses and nurses' care for the seriously ill can be found at:

www.DyingInAmerica.org, an interview project that examines the dying experience through the eyes of nurses.

www.AmericanNurseProject.com, a multimedia initiative to elevate the voice of nurses in this country by capturing their personal stories through photography and film. A portion of all proceeds benefit a scholarship fund for nurse education through the **American Nurses Foundation**.

THE FILM

The full film is available at www.hope.film. A portion of the proceeds of proceeds from this documentary support programs that advance expertise in palliative nursing practice at the American Nurses Foundation and Jonas Nursing and Veterans Healthcare.

For more information visit www.hope.film