

defining hope

Study Guide



CAROLYN JONES FILM • PRODUCED BY LISA FRANK

EXECUTIVE PRODUCERS

CAROLYN JONES
DONALD AND BARBARA JONAS
KATE JUDGE
JEANNIE PATZ BLAUSTEIN

CINEMATOGRAPHY

JAKA VINSEK

EDITORS

LAURA ISRAEL
CHELSEA SMITH
CANDACE THOMPSON

MUSIC

MARC RIBOT

© American Nurses Foundation. All rights reserved.

Educational material created by Diana Mager, DNP, RN-BC, Associate Professor of Nursing, Fairfield University, for the American Nurses Foundation

 **AMERICAN NURSES
FOUNDATION**

Video Segment #6

Hospice Is Hard to Accept (7:39 min.)

www.hope.film/study-guide-videos

For CNE credits <https://waldenuniversitycne.rievvent.com/a/PTCIVV>



Objective

By the end of this video segment, viewers will be able to: discuss common misperceptions about hospice care; reflect upon the difficulties that may arise when a patient and her/his significant other have different views about end-of-life care decisions.

Summary

Gilbert Oakley, RN, a visiting hospice nurse in New York, is conducting a home hospice visit to a patient and his wife. He discusses his role as a hospice nurse, and he sits with the couple and interviews them about their future health care wishes.

Patients Highlighted

Bert Cohen, 95-year-old living at home with his wife, and receiving hospice services. Their adult children, though very supportive, are not there according to Mrs. Cohen.

Discussion Point 1

There are many varied fields within nursing, including hospice and palliative care. Reflect on Gilbert the nurse's comments about being a hospice nurse. He talks about the hospice team as being "granola, touchy-feely, and really nice." He mentions the team singing and burning incense.

Discussion Question 1

How do Gilbert's reflections about hospice and the care team fit with your vision of what hospice means?

Further Discussion/Points as Needed to Prompt Audience Interaction

Do you think that people in general, and/or nurses may have preconceived ideas, generalizations, expectations, or fears about working or being cared for in a hospice/palliative care setting? If so, give examples. What specific care did you see Gilbert provide?

Discussion Point 2

Mr. Cohen and his wife have very different views about him dying at home. While he wishes to continue to live "a fairly normal life" he is expressing a desire to avoid hospitalization, and to die at home when the time comes. However, Mrs. Cohen talks about the need to go to the hospital "if it makes you better."

Discussion Question 2

How does Gilbert deal with the conflicting opinions between Mr. and Mrs. Cohen regarding hospitalization versus dying at home?

Further Discussion/Points as Needed to Prompt Audience Interaction

Gilbert has an open discussion with the couple, and while he respectfully acknowledges Mrs. Cohen, he clearly supports Mr. Cohen's wishes. How do the wishes of Mrs. Cohen play a role here? Should they play a role in whether her husband stays at home or whether he gets admitted to the hospital?

Discussion Question 3

Mrs. Cohen says, "From what he (the RN) tells me, I don't want to think about the future." Regarding hospitalization, she says, "If something important needs to be done, it should be done." What factors play into Mrs. Cohen's thoughts on her spouse's potential hospitalization versus his staying at home?

Further Discussion/Points as Needed to Prompt Audience Interaction

Do you think that Mrs. Cohen fears her ability to care for Mr. Cohen at home if he deteriorates? (She has stated her children are supportive but are "not here." Or do you think that she feels that the hospital can "help him more?" Is she being unrealistic, or is she trying to preserve his health, or perhaps her own, by wishing to hospitalize him?

Suggested Applicability to Nursing Courses and/or to Care Settings

Courses: Palliative/Hospice Care; Geriatric Nursing; Nursing Roles; Home Health/Community Nursing; Mental Health Nursing; Medical/Surgical Nursing; and any course focused on communication, ethical dilemmas, and/or family systems. **Care Settings:** Orientation and/or in-service programs for health care providers in primary, acute, long term, hospice/palliative care, and/or home care settings.

Suggested Congruence with ELNEC® Modules

Palliative Nursing Care; Pain Management; Symptom Management; Ethical Issues in Palliative Care Nursing; Cultural/Spiritual Considerations in End-of-Life Care; Communication; Loss, Grief, Bereavement.

Related Video Segment

#8: Sympathy Versus Empathy.

USING THIS GUIDE

Defining Hope is a one-hour, eighteen-minute film. This guide was developed to stimulate audience reflection, conversation, and interaction. This guide highlights 14 brief video segments so that viewers may watch single segments of the film focused on particular topics.

The individual video segments can be viewed for free at www.hope.film/study-guide-videos

Nurses can receive free contact hours for watching each video segment and completing the evaluation thanks to the generous support of Walden University. Walden University is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. For more information visit www.hope.film/study-guide-videos

Each of the 14 segments is based on the following template:

Segment #1-14, Title, Length: Each segment is numbered, titled, and followed by the approximate length of run time in minutes for that segment.

Objective/s

A minimum of one learning objective is included for each video segment.

Summary

There is a brief overview of the segment followed by a description of the patient or nurse highlighted therein.

Discussion Points

Each summary is followed by a suggested "discussion point" that the speaker/educator may use to initiate conversation or to present more insight into that segment.

Discussion Question/s

Discussion points are followed by a minimum of two discussion questions designed to encourage reflection and discussion among audience members. Questions were developed to stimulate interaction; there are no "right" or "wrong" answers.

Further Discussion/Points as Needed to Prompt Audience Interaction

Discussion questions are followed by further discussion points in the event that the audience

requires more prompting or encouragement to share ideas.

Suggested Applicability to Nursing Courses and/or to Care Settings

This section provides suggested courses (nursing or other), as well as other care settings where educators may find value by embedding particular video segments into curriculum to highlight a point.

Suggested Congruence with ELNEC® Modules

This section provides suggested End-of-Life Nursing Education Consortium (ELNEC)® modules where ELNEC® educators may find value by embedding particular segments into their curriculum. ELNEC® is a national education initiative to improve nursing education on end-of-life care. The project is administered by the American Association of Colleges of Nursing and City of Hope.

Related Segments

Some segments are related to others presented elsewhere in the film. This section provides the titles of any related video segments.

References

If materials or other sources were used within a section, a reference list is provided.

OBJECTIVES

By the end of this film, viewers will be able to:

1. Discuss key factors that affect patient and family decision making about end-of-life care.
2. Differentiate between hospice and palliative care.
3. Compare and contrast the terms sympathy and empathy.
4. Discuss internal conflicts that people may encounter when making decisions about whether to pursue aggressive treatment for life threatening illnesses.
5. Describe the role of the nurse in palliative care/hospice settings.
6. Discuss how family members play a significant role in decision making surrounding care choices.

ABOUT THIS GUIDE

Guide created by Diana Mager, DNP, RN-BC, Associate Professor and Director of Continuing Education, Kanarek Center for Palliative Care for Nursing Education, Marion Peckham Egan School of Nursing and Health Studies.

Guide made possible by the American Nurses Foundation with support from the Rita & Alex Hillman Foundation.

The American Nurses Foundation

The American Nurses Foundation is dedicated to transforming the nation's health through the power of nursing. It helps nurses help people by supporting, recognizing and investing in the 4 million nurses across the United States. Learn more about the American Nurses Foundation and recognize nursing excellence at www.givetonursing.org

The Rita & Alex Hillman Foundation

The Rita & Alex Hillman Foundation cultivates nurse leaders, supports nursing research and innovations, and disseminates new models of care—all critical to transforming our health-care system into one that is more patient-centered, accessible, equitable, and affordable; one that delivers the high-quality care patients need and deserve. Learn more about the Rita & Alex Hillman Foundation and our approach to nursing-driven innovation at www.rahf.org

OTHER RESOURCES BY CAROLYN JONES

From the creators of *Defining Hope*, further film and narrative resources about nurses and nurses' care for the seriously ill can be found at:

www.DyingInAmerica.org, an interview project that examines the dying experience through the eyes of nurses.

www.AmericanNurseProject.com, a multimedia initiative to elevate the voice of nurses in this country by capturing their personal stories through photography and film. A portion of all proceeds benefit a scholarship fund for nurse education through the **American Nurses Foundation**.

THE FILM

The full film is available at www.hope.film. A portion of the proceeds from this documentary support programs that advance expertise in palliative nursing practice at the American Nurses Foundation and Jonas Nursing and Veterans Healthcare.

For more information visit www.hope.film